



PRIDE Training Class Schedule – 2019-2020

Date	Frequency	Time/Location	Trainer
July 17, 2019 – August 14, 2019	Wednesday (5 weeks)	6:00 pm – 9:00 pm BFP Melbourne Office	LaChrista Jones Tom Shipley
July 23, 2019 – August 20, 2019	Tuesday (5 weeks)	6:00 pm – 9:00 pm BFP Rockledge office	Dawn Townsend
September 24, 2019 – October 16, 2019	Wednesday (5 weeks)	6:00 pm – 9:00pm BFP Melbourne Office	LaChrista Jones Tom Shipley
October 1, 2019 – October 22, 2019	Tuesday (5 weeks)	6:00 pm – 9:00 pm BFP Rockledge office	Dawn Townsend
November 6, 2019 – December 11, 2019	Wednesday (5 weeks)	6:00 pm – 9:00 pm BFP Melbourne Office	LaChrista Jones Tom Shipley
November 19, 2019 – December 17, 2019	Tuesday (5 weeks)	6:00 pm – 9:00 pm BFP Rockledge Office	Dawn Townsend
January 15, 2020 – February 12, 2020	Wednesday (5 weeks)	6:00 pm – 9:00pm BFP Melbourne Eau Gallie Office	LaChrista Jones Tom Shipley
January 21, 2020 – February 18, 2020	Tuesday/Thursday (3 weeks)	6:00 pm – 9:00 pm BFP Rockledge Office	Dawn Townsend
March 18, 2020 – April 15, 2020	Wednesday (5 weeks)	6:00 pm – 9:00 pm BFP Melbourne Eau Gallie Office	LaChrista Jones Tom Shipley
March 24, 2020 – April 21, 2020	Tuesday (5 weeks)	6:00 pm – 9:00 pm BFP Rockledge Office	Dawn Townsend
May 13, 2020 – June 10, 2020	Wednesday (5 weeks)	6:00 pm – 9:00 pm BFP Melbourne Eau Gallie Office	LaChrista Jones Tom Shipley
May 19, 2020– June 16, 2020	Tuesday (5 weeks)	6:00 pm – 9:00 pm BFP Rockledge Office	Dawn Townsend